



MONTEREY BAY DENTAL HYGIENISTS' ASSOCIATION

Please join us for a fantastic "must hear" course by Michelle Hurlbutt, RDH, MS, a nationally known CE presenter, Editor, and Educator for:

NEW AGE PATIENT CARE: NATURAL PRODUCTS & ORAL HEALTH

DATE: Saturday January 23rd 2010
TIME: 8:30AM Registration/Continental Breakfast
 9:00AM - 12:30 PM course *3.5 CEU's
LOCATION: Green Valley Grill
 40 Penny Lane
 Watsonville, CA 95076



About the Presenter: Ms. Hurlbutt claims she has had the best of all worlds of dental hygiene. A graduate of the University of Nebraska, with a BS in Dental Hygiene, Michelle's career has included private practice, public health, corporate, continuing education, consulting, and dental hygiene education. She holds an herbal information specialist certificate with the American Botanical Council. Currently Michelle works weekly in a high-tech, aesthetic dental practice in Upland, CA. In addition, she is an Assistant Professor at Loma Linda University, Department of Dental Hygiene, in Loma Linda, CA, where she is the course director for nutrition and pharmacology. She is also the interim director of Loma Linda University's online BSDH degree completion program, where she also teaches 3 research courses, teaching practicum and cariology. A 2003 recipient of the John O Butler Co. and RDH Magazine, *Healthy Gums Healthy Life Award of Distinction*

and the 2006 *Discus Dental/ADHA Award of Distinction*, Michelle has been an active member of ADHA all of her career. She is past president of California Dental Hygienists' Association (CDHA) and the Nebraska Dental Hygienists' Association. Currently she serves as the editor of the *CDHA Journal*. Always up for a new challenge, Michelle just completed a Master of Science in Dental Hygiene through the University of Missouri, Kansas City online program. Her research was on the knowledge, attitudes, and practices of California dental hygienists regarding herbal and dietary supplements.

New Age Patient Care: Natural Products & Oral Health

Session Synopsis: Patient care in the 21st century has never been more exciting or challenging. There is a renewed interest in natural products to treat illness and maintain wellness. Dietary supplements are the fastest growing category of the self-medication market and national sales are approaching \$18 billion a year. With more than 30,000 supplements available on the market and 1,000 new ones added each year, it is imperative that health care professionals become more informed about herbal and dietary supplements that may have significant pharmacological effects on our patients. From an evidence based perspective, this course will review the top selling dietary supplements and their implications in clinical practice, including product description, popular uses, active ingredients, dosage, herb-drug reactions, safety, contraindications and clinical considerations. In addition, natural products available for oral health will be reviewed and discussed.

At the conclusion of this lecture, the participant should be able to:

- Recognize common herbal supplements and their known pharmacological effects
- Identify individuals at risk for potential drug interactions with natural products
- Discuss natural products for oral health
- Advise patients on generally accepted guidelines for natural product use

New Age Patient Care-Registration DEADLINE January 16th 2010 (MUST BE POSTMARKED BY THIS DATE) A \$10.00 late fee will apply

NAME _____ License # _____ ADHA Member # _____

ADDRESS _____ Circle one below

CITY/STATE/ZIP _____ MEMBER RDH \$60 NON-MEMBER RDH, DDS, RDA \$80 STUDENT \$15

EMAIL _____ PLEASE MAKES CHECKS PAYABLE TO: MBDHA

PHONE _____ Send Registration to: Patricia Anderson
 P.O. Box 192
 Aptos, CA 95001

*Questions??? Call Patricia @ 831-684-0952

JOIN US FOR
"NEW AGE PATIENT CARE: NATURAL PRODUCTS & ORAL HEALTH"

AT GREEN VALLEY GRILL
WATSONVILLE, CA
JANUARY 23, 2010



Monterey Bay Dental Hygienists' Association

c/o Patricia Anderson
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